

**St. Augustine's Bereavement Ministry
Invites You to Celebrate God's Creation
on Earth Day**

Tuesday, April 22nd, 2025 by Drumming
6:30 pm–7:30 pm St. Augustine's Parish Hall

The Healing Power of Drumming

Dr. Robert L. Friedman, author, *The Healing Power of the Drum*



Dr. Friedman will demonstrate the hand drum's capacity to provide joy, self-expression, stress reduction, physical & mental health benefits of rhythm that heals!

Grievors, care-givers, free-spirited souls of all ages are invited. Release your stress, relax & explore your heart's natural rhythm as we celebrate God's creation on Earth Day, 2025.

Visit Dr. Friedman at: <https://stress-solutions.com/>.

The Healing Power of The Drum available on Amazon & at the workshop.

Registration required email Gae Savino at ghsavino@aol.com.

Limited to 50 drummers! Fee \$25. Pay cash at door. Drums available.