

St. Augustine's Bereavement Ministry Education Series

Pope Francis proclaimed the 2025 Jubilee Year theme: "Pilgrims of Hope."



How Do Hope & Grief Co-Exist? **Hope: Belief that Healing Is Possible**

Wednesday, May 7th, 2025 6:30 – 8:00 pm
St. Augustine School Library, Ossining

Pope Francis proclaimed the 2025 Jubilee Year theme: "Pilgrims of Hope."

During this interactive workshop, we will learn how hope & grief co-exist
based on the belief that healing is possible.

We will incorporate self-care strategies, learn how to adapt, integrate
& make room for grief in our lives as we find purpose in grief as a form of love.

These active practices of hope will help move us towards
healing and into a deeper relationship with Christ
during our grief journey as "Pilgrims of Hope."

Join us to explore how.

Presenter: Gae Savino, LCSW, FT

A NYS Licensed Clinical Social Worker & Nationally Certified Death,
Dying & Grief Counselor. Founder, Mindful Heart Counseling Services
Affiliate, Archdiocese of NY, Parish Counseling Network Program
in collaboration with Droste Mental Health Services, NYC

Registration required. Email Carly Panagacos: panagacos.carly112@gmail.com

Free will offering to benefit The Holy Child Program, Bethlehem.