

HELP IS AVAILABLE

**JOB LOSS. GRIEF. LIFE TRANSITIONS.
MARITAL ISSUES. PARENTING CHALLENGES.**

The Parish Counseling Network: a Path Towards Emotional Wellness

A collaboration between Droste Mental Health Services, Inc and Catholic Charities of the Archdiocese of New York

Call 866-962-7487

The Parish Counseling Network (PCN) supports parishioners in need by providing low-cost, short-term counseling. PCN offers :

- Access to six counseling sessions at a cost of \$10 per session for those without health insurance, or connection to a therapist who accepts your health insurance.
- A network of licensed, experienced therapists many of whom are bilingual.
- Telehealth options, as well as convenient locations throughout the NY Archdiocese.

For more information, visit our website



Eligibility

You must be a parishioner of a church in the NY Archdiocese.

Referrals can be made by pastors or designated parish staff. Parishioners reaching out directly must provide their parish code (a 3 digit number parish staff can provide).

